<u>VIDEO DEL</u> <u>PROGRAMMA</u> <u>CULTURALE</u>

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Inercia Digital CULTURAL PROGRAMME EL EL ED DOMEDIDO

Erasmus + Andalucía School

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EL ROMPIDO

The beach of "El Rompido", as well as that of "Nuevo Portil", belongs to the municipality of Cartaya.

Originally the town was a small fishing village at the mouth of the *River Piedras*. In the second half of the twentieth century, it was transformed into a beach resort mainly for families and ideal for a quieter vacation.

Hier is located the National Park "**Reserva Natural del Río Piedras y Marismas Flecha de El Rompido**" which covers an area of 2530 hectares of swamp land between the river "Piedra" and the Atlantic Ocean.

"La Flecha" (the arrow) is a 12 km long strip of sand located in front of the coast . This is a unique geomorphologic jewel in Spain. It has been formed in about 200 years from alluvial sediments brough by the waves and the wind and it is growing around 40 meters per year.

This unspoilt beach is accessible from "**Nuevo Portil**" by boat. This peninsula has a rich flora and fauna, including the chameleon which can be found in Europe only in the province of Malaga, the Costa de Luz and the Portuguese Algarve. The beach section "**Nueva Umbria**" 1,24 miles from "**La Antilla**", is a nudist beach.

Although now a few hotel complexes have been built, tourism in El Rompido continues beeing quiet and not overcrowded at all. The town has a marina, a sports club and two golf courses, the 36-hole "El Rompido Golf" and the 18-hole "Nuevo Portil" courses.

Being in this beach, we recommend a visit to the "**Castillo de San Miguel**", an old Arab fortress. The most interesting here is not the fortress, but the archaeological findings from the Bronze Age which are there.

Gastronomic specialties, like in the whole Costa de la Luz, are fish and seafood. In El Rompido we recomend to try its great variety of shells (*coquinas, almejas, chirlas*) and the "*barriletes*", a crayfish from the river "Piedras", which is highly appreciated in the region.









PROGRAMME

Activity 1 – Tasting product of Spain



You are not allowed to visit Spain without experiencing the famous tapas! It's like visiting Paris without seeing the Tour Eiffel.

Spanish food is often recognised as one of the top cuisines in the world, and some traditional Spanish dishes and recipes date hundreds of years. Food has become as integral to Spain as its rich and tumultuous history, with each region of Spain – once a collection of numerous, distinct kingdoms – boasting their own unique cuisines and flavours.

Each regional speciality in Spain is worth trying, and many of the top Spanish restaurants are known by the different regions they come from. In the main Spanish cities, you can find Basque, Galician, Asturian and Valencian (paella) restaurants, to name but a few of the renowned regions for local food specialities.

The tasking product of the region Huelva, will be held as a lunch after the first class on.

If you want to know where you can find good restaurant in El Rompido, please click <u>here</u> and go to the section restaurants.





Activity 2 – La Rábida Friary and the Botanic Park



The Friary of La Rábida (in full, Spanish: Convento de Santa María de la Rábida) is a Franciscan friary in the southern Spanish town of Palos de la Frontera, in the province of Huelva and the autonomous region of Andalucia. The friary is located 13 km (8 mi) south of the city of Huelva, where the Tinto and Odiel rivers meet. The Friary of La Rábida has been Franciscan property since the thirteenth century.

It was founded in 1261; the evidence is a papal bull issued by Pope Benedict XIII in that year, allowing Friar Juan Rodríguez and his companions to establish a community on the coast of Andalucia. The first Christian building on the site was constructed over a small pre-existing Almohad building that lends its name (rábida or rápita, meaning "watchtower" in Arabic) to the present monastery. The Franciscans have held great influence in the region ever since.

The José Celestino Mutis Botanical Park is a natural, living and ever-changing area. Since it opened it has been providing visitors with a growing collection of flora gathered in the five continents. A visit to the José Celestino Mutis Botanical Park is to submerge yourself in a unique nature area, which also preserves the spirit of integration and exchange with Latin American countries, a central feature of La Rábida.









Activity3- Boat trip



Boat trip for our participants offered to enjoy the El Rompido even more as it is located next to the ocean and surrounded by river. It will be organized at the day with the best weather.

To see the El Rompido on the map click <u>here</u>.









Activity4– Flamenco



Peña Flamenca de Huelva with collaboration of Inercia Digital offers an exciting activity where our participants will have a workshop of <u>flamenco</u> for 3 hours and after it will be organized a dinner.









Emergency numbers:

Team

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Citizen security

Emergency: 085 **Police (Guardia Civil) emergency**: 062 Local police: +34 959 399 014 **Firefighters:** +34 959 343 534 / 959 343 536 / 959 343 638

Health

Health emergencies: 061 The health Center Huelva: +34 959 399 227

Transport

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